

Life with All on X

Congratulations on completing the All-on-X Treatment Process!
We hope you are as proud of your smile and eager to show it off as we are!!

WHAT TO EXPECT NOW THAT YOU ARE IN YOUR FINAL PROSTHETIC?



1. DIET:

- ☞ The foods that you can eat are dependent on the prosthetic material chosen. Zirconia is much stronger than the 3D printed resin.
- ☞ If you've chosen Zirconia, feel free to enjoy a variety of foods but continue avoiding extremely hard or sticky food (candies, nuts), crunchy or hard snacks (popcorn, pretzels), ice cubes, tough meats, foods with small, hard seeds or pits (olives, cherries).



2. ORAL HYGIENE:

- ☞ Brush your implant-supported dentures just like natural teeth, at least twice daily, using an extra soft toothbrush for gentle and uniform brushing.
- ☞ Use a Waterpik to rinse those trickier areas around the gums underneath the prosthetic and the dental implants.



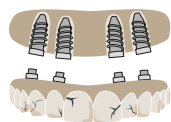
3. MAINTENANCE RECOMMENDATIONS:

- ☞ To maintain your oral health and the integrity of your dental implants, removal and cleaning of the prosthesis along with a complete evaluation of the dental implants is recommended one year following delivery of the final
- ☞ Smoking is highly discouraged, and routine visits are crucial to minimize risk of implant and/or prosthetic failure.
- ☞ The cost for this service will be quoted when your appointment is scheduled and may not be covered by dental insurance.
- ☞ Our doctors' schedule window is for 6 months at a time. Please give our office a call at (615)373-1012 to schedule your appointment closer to the recommended maintenance date.



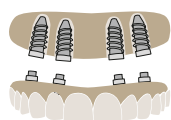
4. BROKEN PROSTHETICS:

- ☞ Most of our patients who have completed this procedure and when maintained routinely, rarely experience problems or concerns. accidents can happen and due to the dynamic functionality and routine exposure to bacteria in every patient's mouth, it is difficult to predict if or when something will break or fail. Cracks and breakage will be more likely with the 3D Printed Resin than Zirconia.
- ☞ There are screws used to retain the prosthetic to the implants that can come loose. If you feel any rocking or movement with your prosthetic, this is not an issue if it is addressed but can lead to a broken prosthetic if ignored. Please call our office for us to evaluate and tighten if needed.
- ☞ If you notice a crack or break in your prosthetic, please contact our office immediately and send any pictures of the broken area via text message to (615)373-1012 so that we can begin the replacement process. The pictures are helpful for us to determine if any modifications are necessary prior to fabricating the replacement. This will also help us minimize your visits and the amount of time that it takes for the lab to refabricate the replacement.
- ☞ The standard lab turn around for a replacement prosthetic is 2 weeks excluding any holidays or weekends.
- ☞ Additional costs may be incurred and will be quoted prior to the completion of additional treatment.



5. PROSTHETIC UPGRADE

- ☞ The option to upgrade materials is available at any time and is the difference in cost per arch between the chosen packages.
- ☞ Matching materials on both arches is recommended for the best long-term outcome.



6. FOLLOW-UP APPOINTMENTS:

- ☞ It is our goal to preserve any natural teeth when possible. If natural teeth are present, routine cleanings are recommended in addition to any treatment needs.



If you have any specific questions or concerns, feel free to reach out via text or call. Your prosthetic is designed for long-term use, and with proper care and maintenance, it will continue to provide you with a confident and comfortable smile.

Remember, your smile is a lifelong investment, and we're here to support you every step of the way!